

Talk at Rye Harbour Sailing Club

Dr Andrew Hill-Smith

Thursday 22nd February 2024, 6:30 for 7pm

After 35 years working in the NHS's mental health services, Dr Andrew Hill-Smith, who calls himself "the Shrink in the Drink", left Gosport on 16th April on his solo and unassisted adventure to sail around the coast of mainland Britain in his Laser dinghy "HMS Betty" . He completed the 2100 mile adventure in just 20 weeks, sleeping in various sailing clubs, strangers' homes and camping along the way. Andrew is only the third person ever to complete the 'around Britain' challenge in a Laser. And so far he has raised over £16,000 for children's mental health charity Place2B, the Motor Neurone Disease Association and the Andrew Simpson Foundation, which offers sailing opportunities to young people. Wow! Do watch this clip of the BBC's coverage: <https://www.youtube.com/watch?v=-NPUGNW2w74>

I am absolutely delighted that Andrew will be joining us on Thursday 22nd February 2024. Meet at the club at 6:30pm for drinks at the bar; Andrew will be speaking at 7pm. £10 pp for both members and non-members.

The club will provide heaps of rice, loads of pappadums, dahl and chutney. Please bring home-made curries for all to share. Or.....pop into a decent takeaway and bring something over. What a great way to spend a Thursday evening in miserable February.

Please confirm ticket numbers to martinnewman58@gmail.com and transfer the appropriate amount into the club account.

Rye Harbour Sailing Club

Sort code: 30-90-28

Account number: 00752410

But hurry as the club has a maximum capacity and I anticipate high demand.